



**CALGARY INTERNATIONAL ACRO CUP (CIAC)  
&  
ACRO PALOOZA  
July 2-5, 2020  
Calgary, Alberta Canada**

## **General Information**

The CIAC competition offers acrobatic gymnastics competition for all FIG levels plus the Youth category. \*Refer to page 10 for additional information on Youth rules.

The Acro Palooza event offers the following three event categories:

- 1.** Junior Olympic (JO) - American acrobatic gymnastics developmental program levels (5-10) and all categories (MP, WP, MxP, WG, MG)
- 2.** Gymnaestrada - Group performances for all levels and ages
- 3.** Master The Canes (MTC) - Hand block competition for all ages and abilities

Please see specific rules for each category and information on rules, age requirements, performance criteria and other relevant information.

**Completed registration packages can be sent by mail to:**

Calgary Acrobatic Gymnastics Club  
Bay #3 - 640, 28th Street N.E.  
Calgary, Alberta T2A-6R3  
Canada

**Or by email to:**

[ciac@calgaryacro.ca](mailto:ciac@calgaryacro.ca)

Due to this year's CIAC/Acro Palooza dates coinciding with a large carnival and rodeo; The Calgary Stampede, hotel space is quite limited within the City of Calgary.

The deadline for booking through the Organizing Committee (OC) will be strictly adhered to in order to guarantee accommodations, transportation, and meal prices.

**All updated information including rules and registration packages can be found at:**

[http://www.calgaryacro.ca/CIAC\\_2020.html](http://www.calgaryacro.ca/CIAC_2020.html)



## Important Dates & Deadlines

- Intent to participate (page 11) due by: March 13, 2020 \*NO PAYMENT

**Registration package will be available online: [http://calgaryacro.ca/CIAC\\_2020.html](http://calgaryacro.ca/CIAC_2020.html)**

- Definitive Registration due by: May 1, 2020  
Tentative entries & Deposit (Deposit = Entry fees + 30% of hotel booking).
- Nominative Registration package + Final Balance due by: May 29<sup>TH</sup>, 2020.  
Completed package and all final payments.
- Name changes are permitted between May 1<sup>ST</sup> & May 29<sup>TH</sup>, 2020 without penalty.
- Any additional registrations between May 1<sup>ST</sup> and May 29<sup>TH</sup>, 2020 will be subject to a 10% late fee per entry.
- Registration fee and hotel deposit is non-refundable after April 1st, 2020 under any circumstance. Name changes on hotel room allocations are permitted until May 29<sup>TH</sup>, 2020.
- Registrations will not be accepted after May 29<sup>TH</sup>, 2020.

Further event details and submission deadlines will be distributed in the Club Confirmation Package sent out to registered members once the registration is closed.



## Registration Fees

Each club may register as follows:

- 1 Head of Delegation (HOD)
- 1 unit = 1 coach
- 2 units = 2 coaches
- 3-4 units = 3 coaches
- 5+ units = 4 coaches

Each coach and HOD will have access to the venue each day of training and competition, as well as entry to the banquet (meal included) with their accreditation. There will be a hospitality room for accredited individuals. Additional accreditations may be purchased for \$150.

Each registered athlete will receive one T-shirt and one athlete banquet ticket (includes dinner & dance party). Multiple category entries will not receive additional banquet tickets or additional T-shirts.

Acrobatic Categories (CIAC & Palooza): \$120 entry fee per athlete. Repeat or second entry \$60. Each club participating in any of the acrobatic categories must provide a qualified judge or pay a penalty fee of \$400.

\*Athletes competing in JO levels are not permitted to also compete in any of the FIG levels or Youth category.

Gymnaestrada: \$50 entry fee per athlete.

Master the Canes: \$50 entry fee per athlete in levels A or B, \$35 entry fee per athlete in levels C or D.

Spectators: \$10 per day, \$15 for two days or \$20 for all 3 days (does not include banquet). Children 6 and under free.

Additional banquet tickets: \$50 per ticket includes dinner and dance (each registered athlete and coach will receive one ticket included in registration fee).



## Venue

The Genesis Centre  
7555 Falconridge Blvd NE  
Calgary, Alberta T3J 0C9  
Canada



## Equipment

**Floor (all disciplines):** The official equipment provider for the floors will be Spieth. There will be two full FIG approved 12m by 12m floors. One will be in the warm-up area and the second will be the official competition floor. The ceiling height clearance above the competition floor is 29 feet.

**Gymnaestrada:** Any additional mats, apparatus or other equipment must be requested in writing by May 1<sup>st</sup>, 2020 (included in the Definitive Registration). We will do our best to accommodate any requests and will let clubs know by May 29<sup>th</sup>, 2020 if we are able to fulfill the equipment request.

**Master The Canes:** All athletes competing in the MTC competition must compete on the official Juggle Gear hand blocks provided by the organizing committee. There will be a minimum of 3 sets of official blocks in the warm-up area for athletes to use. Athletes are permitted to use their own blocks in the warm-up area.





## General Schedule

A detailed schedule will be circulated once registration is closed.

Date	Description
July 1 <sup>ST</sup>	Optional early team arrival *Statutory holiday in Canada
July 2 <sup>ND</sup>	Arrival of team accreditation upon arrival. Podium training & managers orientation meeting.
July 3 <sup>RD</sup>	Day 1 competition and performances
July 4 <sup>TH</sup>	Day 2 competition and performances
July 5 <sup>th</sup>	Day 3 competition and performances. Banquet (dinner included)
July 6 <sup>th</sup>	Departures

## Awards

Medals for the top three units from each category will be awarded in every acrobatic gymnastics category (CIAC & Palooza). Additional prizes may be distributed throughout the event and during the banquet.

For the Gymnaestrada category a team trophy will be awarded to the most stand out team as decided by the judges. Each participant will receive a participation medal and T-shirt.

For Master The Canes medals are awarded for the top three athletes in each level (A,B,C,D). Our press off champion prize will be announced in the confirmation package.

## Transportation

Transportation to and from the Calgary International Airport (YYC) will be provided for clubs paying full board only.

Transportation between the host hotel and the venue will be provided for teams paying full board only.

Transportation is provided only to clubs using the full board service.

## Meals

For teams paying the full board, breakfast will be at the host hotel; lunches and all other dinners will be at the competition venue except for the banquet dinner.

Meals are provided only to clubs using the full board service.

For all registered participants a meal will be provided at the banquet on July 5th.



## Accommodation Details



**Address:** 1316 - 33<sup>rd</sup> STREET NE  
Calgary, Alberta T2A 6B6

FULL BOARD (includes meals and transportation)	
Room Type	CAD\$/night/person
Single room (1 King) 1-2 per room	\$180
Double room (2 Queens) 2 per room	\$160
Double room (2 Queens) 3-4 per room	\$150

The Best Western Premier will be the location of our banquet. Limited rooms are available and no bookings are confirmed until receipt of the deposit payment.

Every effort will be made to place teams in rooms that are close to one another. This cannot be guaranteed as many factors such as room type and availability may affect team booking proximity.

## Individual Booking Details

**Individual hotel bookings will not receive meals or transportation services.** These services will only be provided to clubs or participants who book and pay the “Full Board” package included in the club registration package.

If you would like to book the hotel only and not receive the full board package you may do so by using the following information:

**Call Toll Free:** 1.800.661.1464 or direct 1.403.248.8888

**Email:** [res@calgaryplaza.com](mailto:res@calgaryplaza.com)

**Booking link online:** [https://www.bestwestern.com/en\\_US/book/hotel-rooms.61102.html?groupId=4I6RG6D3](https://www.bestwestern.com/en_US/book/hotel-rooms.61102.html?groupId=4I6RG6D3)

**Group Name:** Calgary International Acro Cup

**Reservation Number:** 56453

**Rates (breakfast not included):**

Select Room (two queen beds or one king)	\$153.00/night (plus tax)
Premier Room (two queen beds or one king)	\$178.00/night (plus tax)



## Payments

Payments can be made by:

- **Cheque** payable to *Calgary Acro* and mailed to:

Calgary Acro  
Bay #3, 640 - 28th Street NE  
Calgary, AB T2A-6R3  
Canada

- **Wire transfer:**

Beneficiary Name	<b>Calgary Acrobatic Gymnastics Corporation</b>
Beneficiary Address	<b>Bay 3- 640, 28 Street NE Calgary, AB Canada T2A-6R3</b>
Beneficiary Account and Branch Number	<b>01839 004 5220206</b>
Beneficiary Bank	<b>TD Canada Trust</b>
Bank Address	<b>1000 Hamptons Drive NW Unit 300 Calgary, AB Canada T3A6A7</b>
Swift Code	<b>TDOMCATTOR (All letters)</b>
Routing Number	<b>26009593 (Optional for USA)</b>

- **Credit card:**

Credit card payments are subject to a 3% fee if card is swiped and 5% fee for cards manually keyed in. To pay using a credit card please email [CIAC@calgaryacro.ca](mailto:CIAC@calgaryacro.ca) to arrange a time to call or come into our office for processing.



## **Additional Requests**

Our committee would be happy to help your club arrange or organize any sightseeing or team activities. Please feel free to email [CIAC@calgaryacro.ca](mailto:CIAC@calgaryacro.ca) any time with any additional requests and we will do our best to accommodate.

- The Calgary Stampede offers many local attractions including an opening parade (July 3, 2020), daily rodeo events, midway park attractions and rides, concerts and more. To plan your own trip you may visit [www.calgarystampede.com](http://www.calgarystampede.com).
- For guests planning on arriving early, our national holiday “Canada Day” is July 1st and that date offers many special attractions and festivities.
- The Canadian Rocky Mountains are within a short driving distance (2 hours) from Calgary.





## Rules

All FIG judging rules apply and will be strictly adhered to.

YOUTH (see below)

FIG (AG1, AG2, Junior & Senior) (2017-2020)

### Ages:

Youth	8 YEARS OLD - 16 YEARS OLD
AG 1	9 YEARS OLD - 16 YEARS OLD
AG 2	10 YEARS OLD - 18 YEARS OLD
Junior	11 YEARS OLD - 19 YEARS OLD
Senior	MINIMUM 12 YEARS OLD

### Finals:

Each FIG acrobatic gymnastics category and the “Youth” category will have finals on Sunday as follows:

Categories with 10 or more units will have top 8 through to finals

Categories with less than 10 units will have top 6 through to finals

Combined score totals from all routines will be used for final results

### Insurance:

All clubs are required to show proof of liability insurance. Each club/federation is responsible for ensuring its members have the appropriate coverage against accidents, illness or injury. Any accredited person(s) who cannot provide proof of adequate insurance coverage will not be permitted to compete.

### Travel Visas:

Please be aware of any travel restrictions or requirements for entry into Canada. Support letters for Visa applications may be requested any time.

### Music:

Submission information for music will be distributed in the “Club Confirmation Package”.

### Tariff:

Submission information for tariff sheets will be distributed in the “Club Confirmation Package”.



### **Youth Rules:**

**\*For detailed rules please visit the CIAC tab on the Calgary Acro website:**

**<http://calgaryacro.ca/CIAC.html>**

1 Combined exercise (difficulty is calculated in accordance with FIG 11-16 Age Group rules).

2 minutes maximum duration. Lyrics are permitted.

**Pairs:** choose 2 balance elements from 11-16 difficulty tables + 1 optional element from FIG tables and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables.

\*\*OPTIONAL can be from 11-16 difficulty tables but cannot be from the same rows used for the compulsory elements.

**Groups:** choose 1 pyramid from 11-16 difficulty tables + 1 optional pyramid from FIG tables (only 2 static holds of 3" are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables.

\*\*OPTIONAL can be from 11-16 difficulty tables but cannot be from the same rows used for the compulsory elements.

**Individual:** 3 individual elements must be executed – Category does not matter i.e. can be cat1 or cat2 (NO SALTO REQUIRED).

### **FIG Rules:**

See FIG 2017-2020 Rules <http://www.fig-gymnastics.com/site/rules/disciplines/acro>

### **Junior Olympic (JO) Rules:**

See USAG Rules [https://www.usagym.org/pages/acro/pages/jo\\_codeofpoints.html](https://www.usagym.org/pages/acro/pages/jo_codeofpoints.html)

### **Master the Canes Rules:**

To view rules please visit the Master The Canes (MTC) website: <http://masterthecanes.ca>

\*A Coach or Club account must be created to view rules.



## Intent to Participate (Due March 13, 2020)

Club Name: \_\_\_\_\_ Club Email: \_\_\_\_\_

Please list any additional club email addresses:

\_\_\_\_\_

Primary Club Contact (name): \_\_\_\_\_ Phone: \_\_\_\_\_

Please complete this form as close to your true anticipated numbers as possible. This document is for planning purposes only. Clubs will not be charged for any changes.

We hope to make this event a special experience for everyone so please email us anytime with any additional requests.

GENERAL PLANNING			
	YES	NO	MAYBE
Will your team use the full board registration?			
Will your team book into the host hotel separately?			
Is your team interested in any excursions?			
Will your team require additional training (arrive early or stay later than scheduled (July 1-6)?			
Will your team attend the banquet?			

Approximately how many athletes do you anticipate will participate in each of the following categories:

<b>CIAC</b>	
<b>Palooza JO levels</b>	
<b>Palooza MTC</b>	
<b>Palooza Gymnaestrada</b>	