

Flanders International Acro Cup

10th - 12th April 2020



01. General Information

Ambitious Pro Gymnastics is pleased to invite you and your delegation to participate in the

Flanders International Acro Cup 2020

This tournament will be organized in Puurs-Sint-Amands, Belgium from 10th to 12th April 2020. The Flanders International Acro Cup is open to federation teams as well as to individual club teams. In this tournament, there will be a competition for AG, JUN, JUN+ and SENIOR. **During this tournament a FIG World Cup will be organized.** More info about the FIG World Cup (directives and forms) can be found on the FIG website.

For the Flanders International Acro Cup, following age rules will apply:

- AG:** min 9 years old – max 16 years old - rules FIG 11-16
- JUN:** min 10 years old – max 18 years old - rules FIG 12-18
- JUN+:** min 11 years old – max 19 years old - rules FIG 13-19
- SENIOR:** min 12 years old – rules FIG Seniors

PRIZE MONEY will be awarded, under certain conditions, to the medal winners in the **AG, JUN, JUN+** and **SENIOR** competition. See: 16. Medal Award Ceremonies.



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02. Provisional Schedule

The detailed schedule will be defined in February 2020 and published on the website (www.FIAC.be) as soon as available.

Tuesday, 7 th April	Arrival of delegations Training as per schedule
Wednesday, 8 th April	Arrival of delegations + accreditation Training as per schedule
Thursday, 9 th April	Podium Training as per schedule (*) Orientation meeting
Friday, 10 th April	Qualifications AG/JUN/JUN+/SENIOR
Saturday, 11 th April	Qualifications AG/JUN/JUN+/SENIOR
Sunday, 12 th April	Finals (all categories) Farewell Party
Monday, 13 th April	Departure of all delegations

(*) Only delegations arriving on the scheduled arrival days or before will be scheduled for podium training. Delegations arriving later will be scheduled for podium training according availability. [Athletes measurement](#) will be planned after the podium training. Teams that do not have podium training will be measured after accreditation.

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03. Competition Venue

SPORTHAL DE VRIJHALS

C. Verschaevestraat 15
2870 Puurs-Sint-Amands
Belgium

Competition and warm up floor: Janssen-Fritsen

Google maps link: <https://goo.gl/maps/Jhm2zeL1F792>

04. Maximum size of delegation

Each delegation may include:

1 Head of delegation

1 Team Manager

1 - 5 Coaches (max 1 coach / 3 formations)

At least 1 judge is obligatory See 19. *Additional Information*

Unlimited number of acrobatic teams

05. Competition Format

This competition will be organized following the FIG regulations, except for any deviation mentioned in this invitation document.

Qualifications and Finals in all categories.

Qualifications:

AG/JUN/JUN+/SENIOR: 1 static and 1 dynamic exercise

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Finals:

Top twelve proceed to the final.

If less than 18 entries in a category, only top 8 proceed to the final.

If less than 10 entries in a category, only top 6 proceed to the final.

AG: 1 static or 1 dynamic exercise according FIG rules

JUN/JUN+/SENIOR: 1 combined exercise

Qualification scores determine the starting order in the finals, but scores in all finals start from zero.

FIAC tie break rules will be explained in the accreditation folder and during the orientation meeting.

06. Deadlines for entries

Opening of provisional entries: 16th November 2019 at 10 am UTC -> see website

Provisional entry: 15th December 2019

Definitive entry: 5th January 2020

Nominative entry: 1st March 2020

All entry forms will be made available on: www.fiac.be. **Please use the online forms.**

*For organizational reasons, the number of teams that can enter the competition is limited by the OC. The principle of "first in-first served" will be used, based on the provisional entries. Participation is only guaranteed after you received an email with an invitation to fill in the definitive form **and** when this form has been submitted **and** the pre-payment has been done before the deadline of the definitive entry. Places from non-confirmed provisional entries will be made available to teams on the waiting list.*

To promote the worldwide development of our sport, the first two entries per continent will get priority.

In order to have a valid entry, teams must book the accommodation package through the OC.

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07. Entry Fees

AG: 25 Euro / gymnast

JUN/JUN+: 35 Euro / gymnast

SENIOR: 45 Euro / gymnast

08. Official Hotels - Meals - Transport (all in)

All participating delegations must book accommodation through the OC!!

HOTEL

single room - full board: €140 / night / person

double room - full board: €100 / night / person

triple room - full board: €90 / night / person

quadruple room – full board: €80 / night / person – **ONLY MEN'S GROUPS**

GENERAL INFO

Full board is included in the accommodation packages booked through the OC.

Breakfast will be served at the hotel. Lunch/dinner will be served at the competition venue upon presentation of the accreditation badge.

NO BADGE = NO MEALS!!!

At the time of check-in, each delegation must pay a (cash) deposit of €500 to the hotel reception. This deposit will be returned in full at the time of check-out but only if the delegation returns the allocated room(s) in its/their original and proper state (= at the time of check in) and if there is no damage done by the delegation in the hotel.

Transfers from and to any Belgian airport or Brussels railway station to and from the official hotels as well as between the official hotels and the competition venue will be provided to the delegations who booked their accommodation through the Organizing Committee. The transport schedule will be communicated day by day. The schedule will be strictly followed by the drivers.

PLEASE BE ON TIME!!!

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09. Finances

The delegations are responsible for covering their travel expenses, accommodation, meals and entry fee. **100 % of the entry fee + 50 % of the accommodation package must be paid at the time of the definitive entry** (5th January 2020) to:

Bank : BNP Paribas Fortis
Address : Warandeborg 3
1000 Brussel
Account name : Events For Gymnastics vzw
Address: Vooruitgangstraat 7c, 2870 Puurs-Sint-Amands
SWIFT : GEBABEBB
IBAN : BE46 7350 4935 8436

The entry fee is not refundable.

The accommodation fee is only refundable if cancellations are made before 1st March 2020.

Make sure all possible transfer charges (sending **and** receiving) are payed to ensure the correct amount is deposited on our account. When making an international bank transfer you can usually choose between different options, depending on who should pay the fees: the **OUR** instruction means you pay all transfer charges.

10. Visa

If you need an official invitation to obtain a visa to travel to Belgium, please contact the OC as soon as possible (contact info see: *21. Organizing Committee*)

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11. Insurance

All delegations are responsible for having the necessary coverage against accidents and illness. The OC will verify the certificates of insurance (copy of policy) of all delegation members upon arrival at accreditation. All persons who cannot provide proof of adequate insurance coverage at time of accreditation are offered an insurance package at the cost of €100 a person in order to be accredited.

12. Medical Services

Medical services during the competition will be provided by a physiotherapist and a team of the Red Cross with ambulance service. Nearest General Hospital at 10 minutes' drive / University Hospital Antwerp and Brussels at 20 minutes' drive from venue.

13. Media

Media representatives (journalists, photographers, TV) must request a special accreditation from the OC. The media will be assigned special seating and working conditions. Please contact the OC as soon as possible (contact info see: *21. Organizing Committee*)

14. Accreditation - Tariff sheets - Music

The accreditation system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation, the Heads of Delegation must check the correct names of their complete delegation, verify accommodation requirements and make the necessary payments, including insurance if no certificate of insurance can be shown.

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The accreditation card is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

Lost accreditation cards can be replaced at a price of €150.

The Heads of Delegation have to present the **passports** of all members of the team. **Proof of adequate insurance coverage** should be submitted to the OC.

In order to save time during the accreditation process, we encourage delegations to send us the copies of passports and insurance certificates by email (oc@fiac.be).

The definitive workplan will be given at the time of accreditation.

Tariff sheets must be in our possession at the latest by 1st of April 2020. Please email them to **tariff-sheet@fiac.be**. You will receive an acknowledgement of reception. Make sure each tariff sheet is on **one page and in pdf format**.

Music: we ask you to send the music as *MP3 files* to **music@fiac.be**. Deadline 1st of April 2020.

How to name the MP3 files?

Structure: Competition number_Level_Category_Country_Gymnasts_Routine

The **competition number** for each team will be communicated to the club/federation after the nominative entry has been received.

Levels: AG, JUN, JUN+ and SEN

Categories: WP, MP, MxP, WG and MG

Country: 3-letter country code e.g. BEL, USA

Gymnasts: first letters of first names of each gymnast of the team. E.g.: a team composed of Carola, Beth and Ann will give: CBA

Routine: Balance: Bal; Dynamic: Dyn; Combined: Com

Example: 153_AG_WG_BEL_CBA_Dyn

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15. Opening Ceremony

The Opening Ceremony will be a presentation of the participating countries. No gymnasts are required.

16. Medal Award Ceremonies

Only the first three places will be requested to participate in the Medal Award Ceremonies. They are requested to appear in competition suit.

PRIZE MONEY will be given for the **AG, JUN, JUN+ and SENIOR competition** if, per category, at least 6 teams are in the finals **and** teams from at least 3 different countries entered the competition (qualifications) in that category. If these conditions are not fulfilled but the score without difficulty (D-score) of the team in the final is equal or above 25.000 points, prize money will be given to this team.

AG

1st place – 30 Euro (for each partner of the Pair/Group)

2nd place – 20 Euro (for each partner of the Pair/Group)

3rd place – 10 Euro (for each partner of the Pair/Group)

JUN/JUN+

1st place – 60 Euro (for each partner of the Pair/Group)

2nd place – 40 Euro (for each partner of the Pair/Group)

3rd place – 20 Euro (for each partner of the Pair/Group)

SENIOR

1st place – 120 Euro (for each partner of the Pair/Group)

2nd place – 80 Euro (for each partner of the Pair/Group)

3rd place – 40 Euro (for each partner of the Pair/Group)

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17. Farewell Party

A farewell dinner will be organized and will be followed by a farewell party.

All delegations are invited to participate without additional payment.

Extra tickets will be available at the OC office at **€25 per person**. Requests for extra tickets must be made at the very latest Friday, 10th April 2020.

18. Departure of Delegations

Please see the work plan that will be made available at accreditation.

If you need additional information, don't hesitate to contact the OC-office.

19. Additional Information

All further information concerning the detailed program will be given with the official work plan in April 2020.

Additional payments: NO JUDGE : €250

Extra meal tickets (lunch/dinner) are available at €15/meal/person

20. Media rights

The organization records and streams the competition and has the right to put the movies online.

Entering the competition automatically grants APG and FIAC the rights to use and publish all photographic material and image rights.

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21. Organizing Committee

Ambitious Pro Gymnastics vzw
Vooruitgangstraat 7c
2870 Puurs-Sint-Amands - Belgium

Mobile: + 32 468 10 20 18

E-mail: oc@fiac.be

E-mail President OC: president@fiac.be

E-mail tariff sheets: tariff-sheet@fiac.be

E-mail music: music@fiac.be

Website: www.fiac.be