



B – Class Acro Sport



1.1 General

Required is a balance and/or a dynamic exercise by the valid FIG rules for the balance/ dynamic exercise of Age Group YOUTH (12-18.) The maximum length of the balance exercise is 2:30 min, the dynamic exercise maximum 2:00 min. A maximum of 8 pair or group elements plus 3 individual elements are to be shown.

The difficulty is calculated, in accordance with the FIG Code of Points and the Tables of Difficulty, from the sum of the value divided by 100. For the difficulty, a **maximum of 80 V is calculated in the balance exercise** and a **maximum of 70 V in the dynamic** exercise ($\triangleq$ YOUTH 12-18).

Both exercises have a tolerance of 10 V, which may be shown additional but not calculated for the difficulty grade.

Value shown above will be penalized with a deduction of 1.0 by the DJ, as well as ignoring the basic requirements or special requirements.

1.2 Balance

Basic Requirements:

- **Groups:**
 - at least 2 single pyramids of different categories with a minimum of 3 static positions with 3" stop by the top, A maximum of 4 pyramids, al different categories. Pyramids with transition are not mandatory.
 - at least 3 individual elements - Free choice for all athletes (Program FIG YOUTH)
- **Pairs:**
 - Maximum 8 elements - Minimum 5 elements with minimum difficulty V.1. One compulsory transition with top or base value (example: Team - crocodile for the top, or from standing - split descent of the base)
 - 3 individual elements of free choice for all athletes - (see YOUTH program)

Special Requirements:

- An individually somersault or back flip is not required.
- a handstand of the top is not required.
- There are all the other restrictions of the World Age Group Competition Rules FIG YOUTH

1.3 Dynamic – PAERS end GROUPS

Basic Requirements:

- Maximum 8 group elements per difficulty,
- minimum 5 dynamic elements with flight phase
- two 2 of which with partner catch.
- Maximum 3 landings (from partner on the ground). All elements must have a minimum difficulty of V1.
- 3 individual elements of free choice for all athletes - (see YOUTH program)
 - **Special requirements:**
 - An individually somersault or back flip is not required

There are all the other restrictions of the World Age Group – YOUTH program (ex. 12-18)



