



1st Christmas Acro Cup 2025
International Acrobatic Gymnastics Tournament
December 11-14, 2025 - Thessaloniki, Greece



Official Invitation

The Sport Association of Gymnastics Clubs of North Greece (AESGVE) is pleased to invite you to the 1st Christmas Acro Cup, an Acrobatic Gymnastics Tournament being held for the first time in Thessaloniki. The tournament will take place at the “Ioannis Melissanidis” Sports hall, part of the national sports center of Mikra, from December 11th to 14th, 2025. This event is held under the auspices of the AESGVE, Hellenic Gymnastics Federation, Hellenic Republic Region of Central Macedonia and National Sports Centers of Thessaloniki.

Directives

1. Discipline

Acrobatic Gymnastics

2. Organizing Committee

Sport Association of Gymnastics Clubs of North Greece & Hellenic Gymnastics Federation

Competition Manager: Elisavet Skevi

Phone: +30 6986095994(viber)

✉: christmasacrocupthessaloniki@gmail.com

3. Location

Thessaloniki, Greece

4. Dates

From **December 11th to 14th, 2025**

5. Venue

National gym of Mikra sports complex

“Ioannis Melissanidis” Sports hall

Thessaloniki 55132, Greece



6. Delegation size

Each Delegation may include:

1 Head of delegation

1 Doctor

1 Physiotherapist

Unlimited Coaches

Unlimited acrobatic P/G

1 Choreographer

At least 1 judge is mandatory – 100€ penalty fee

7. Age Limit

Open: from 9 years old and above (2016 and before)

Pre – Youth: from 9 years old to 16 years old (2016-2009)

Youth: from 10 years old to 18 years old (2015-2007)

Junior: from 11 years old to 19 years old (2014-2006)

Senior: minimum 13 years old and above (2012 and before)

8. Technical Rules

All the FIG rules considered as valid in 2025:

Technical Regulations

Code of Points (2025-2028)

World Age Group Rules (latest version)

All the official FIG newsletter will be applied

National Regulations for Open category

Finals: top 6 (from 1 to 8 P/G), top 8 (from 9 to 16 P/G) or top 12 (from 16 and above P/G)

9. Competition Format

Qualifications and Finals in all 5 categories.

Qualifications (Open, Pre-Youth, Youth, Junior, Senior): 1 Balance and 1 Dynamic routine.

It is possible in all categories to participate in only one exercise (Balance or Dynamic) and be ranked in it. Only those who present two exercises (Balance and Dynamic) can qualify for the final. Finals start from zero.

In the Pre-youth Finals WP, MP and MG will present a Dynamic Exercise, MxP and WG will present a Balance Exercise.

In the Final of Open, Youth, Junior and Senior, each pair and group will present a Combined Exercise.

In case of a tie at any place, the tiebreaking rules shall be applied.

Pre-Youth:	Age Group 11-16 FIG rules
Youth:	Age Group 12-18 FIG rules
Junior:	Age Group 13-19 FIG rules
Senior:	Senior FIG rules
Open:	Age Group 9+ According National Technical Regulation for cat. Open
(see p.8)	

10. Awards

1st place: Gold Medal

2nd place: Silver Medal

3rd place: Bronze Medal

4th – 6th place: Diploma

Pre-youth: Balance Ranking, Dynamic Ranking and Final Ranking

Open, Youth, Junior and Senior: Balance Ranking, Dynamic Ranking and Combined Ranking.

At the categories Open and Senior medals will be awarded for the Balance exercise and the Dynamic exercise from the qualifying ranking without repeating the exercises if there are fewer than 3 participants.

There will be no team competition in any category.

Special Awards:

- 1) The largest team
- 2) The youngest gymnast
- 3) Best choreography

11. Proposed Schedule

December 10th	Arrival of the delegations – Training
December 11th	Official Training – Orientation Meeting
December 12th	Opening Ceremony – Qualifications – Awards
December 13th	Qualifications – Awards
December 14th	Finals – Gala Show – Closing Ceremony - Awards

At the end of deadline of the preliminary registration, the provisional program will be announced. The order of the pairs/groups exercises will be determined by drawing lots.

12. Closing Ceremony – Gala Show

A Gala Show will be held at the Closing Ceremony where ONLY gymnasts participating in the tournament will be able to take part. Participation forms must be completed with all the necessary information and sent by November 28th to christmasacrocupthessaloniki@gmail.com.

13. Entry Fee

60€ per gymnast. Must be paid until November 10th, 2025 by bank transfer to

IBAN: GR53 0110 2560 0000 2562 9600 609

Snacks and souvenirs will be offered to all participants at the tournament.

14. Accommodation and Meals

The following prices are per person, per day and include:

1. Hotels near the Gym (full board breakfast and dinner).
2. Transfer from the airport "Macedonia" to the hotels (round trip).

Hotels:

- Royal Hotel (11km from the gym)

Triple room 80€

Double room 100€

Single room 130€

- Athina Airport Hotel (6.5km from the gym)

Triple room 80€

Double room 100€

Single room 130€

The clubs assume all accommodation costs of their delegation members. The accommodation costs must be paid to the organizing committee as follows:

50% until November 10th, 2025 by bank deposit to **IBAN:** GR53 0110 2560 0000 2562 9600 609

The remaining amount can be paid in advance by bank deposit or during the receipt of the accreditation with the possibility of cash.

Taxes related to interbank transactions are borne by the clubs.

No refunds will be given for cancellations after November 10th, 2025.

15. Tariff sheets and music

- Tariff sheets should be sent by December 28th, 2025 to the following email: tariffsheets.christmasacrocup@gmail.com
- Music should be sent in mp3 format by December 28th, 2025 to the following email: music.christmasacrocup@gmail.com
- MP3 Title (example): 12-18_WP_BAL_BASE_TOP_COUNTRY_CLUB

Coaches are requested to have the music in mp3 format available on a USB stick.

16. Orientation Meeting and Accreditation

The Orientation Meeting and the receipt of accreditations will take place on December 11th, 2025 at the Mikra Sports Complex. The exact time will be announced together with the Tournament schedule.

17. Visa

Please verify immediately with your travel agent or Greek Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made **before 28th November 2025** to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, arrival and departure dates of Delegation Members as well as the city the visa application support letter must be sent to.

18. Insurance

All delegations are responsible for having the necessary insurance coverage against accident and illness. The OC will not be responsible for any liabilities in case of accident or illness.

19. Entry Forms

Entry forms should be completed and sent to christmasacrocupthessaloniki@gmail.com by the following dates:

- Provisional Registration Form: October 25th, 2025
- Nominative Registration Form: November 10th, 2025 (entry fee + 50% of accommodation cost)
Please, along with the name declaration, send us the hotel declaration (detailed room details) and your travel schedule.
- Gala Show Registration Form: November 28th, 2025

20. Live Streaming

The event will be covered with live streaming by the company HERMES.

21. Deadlines and Financial Obligations

PROVISIONAL REGISTRATION FORM	October 25 th , 2025
NOMINATIVE REGISTRATION FORM	November 10 th , 2025
PAYMENT OF ENTRY FEE	November 10 th , 2025
PAYMENT OF ACCOMMODATION COST (50%)	November 10 th , 2025
VISA REQUEST FORM	November 28 th , 2025
TARIFF-SHEETS SENDING	November 28 th , 2025
MP3 MUSIC SENDING	November 28 th , 2025
GALA SHOW RESISTRATION FORM	November 28 th , 2025
PAYMENT OF THE REST OF THE ACCOMMODATION COST	December 11 th , 2025

Age Group 9+, Category Open

General Provisions

- The maximum permitted age difference between athletes is **9 years**.
- From the age of **15 years and above**, no restriction applies regarding age difference.
- Participation is **not permitted** if the above conditions are not met.

ARTICLE 1: COMPETITION STRUCTURE

1.1 The competition structure, the composition of exercises and the judging criteria follow the regulations of **seniors**, except where specifically modified in this section.

- Penalties concerning height difference shall be applied in accordance with the regulations of **seniors**.
- All requirements and restrictions established in **seniors** also apply to this age group.
- Up to the age of **19 years**, age group restrictions and forbidden elements for Groups: remain in force.

ARTICLE 2: COMPOSITION OF EXERCISES

2.1 Exercise composition is defined by the regulations of **seniors**, with the exception of age group restrictions and forbidden elements for athletes under 19 years old.

ARTICLE 3: INDIVIDUAL EXERCISES

3.1 Individual exercises are governed entirely by the provisions applicable to **seniors**.