

The background of the poster features four acrobats in dynamic poses. On the left, a male acrobat in a black leotard with a sequined back is performing a handstand, holding a female partner who is also in a black leotard. On the right, two female acrobats in blue and gold sequined leotards are performing a handstand, with one standing on the shoulders of the other. The background is dark with a pattern of green and blue dots.

6TH INTERNATIONAL **GRAZER ACRO CUP**

27.-29. MARCH 2026



acrobatics_graz
grazeracrocup@gmx.at

ATG GRAZ
KASTELLFELDASSE 8 8010 GRAZ



6th International Grazer Acro Cup

27th – 29th March 2026

We are pleased to invite your club/your Federation to our sixth International competition.

The competition is being prepared in accordance with the Austrian and the FIG regulations and rules in the following age groups and categories:

Aspire, Pre Youth (11-16), Youth (12-18), JUN (13-19) and SENIOR.

Provisional Schedule

Wednesday	25 th March 2026	Arrival of Delegations
Thursday	26 th March 2026	Official Podium Training
Friday	27 th March 2026	Qualification all classes
Saturday	28 th March 2026	Qualification all classes
Sunday	29 th March 2026	Finals all classes
Monday	30 th March 2026	Departure of Delegations

Venue information

Allgemeiner Turnverein Graz

Kastellfeldgasse 8 8010 Graz

Age Groups

ASPIRE: 8-16 – Austrian Youth Program (last page)

PRE YOUTH: min. 9 years old – max. 16 years old

YOUTH: min. 10 years old – max. 18 years old

JUN: min. 11 years old – max. 19 years old

SENIOR: min. 12 years old

Judges

Each team should apply at least one judge or they will be fined 500€. There is no international Judges brevet needed.

Entry Fee

Competition entry fee for:

- ASPIRE 30€
- Pre Youth, Youth, JUN, SEN 50€

The entry fee is not refundable!

Deadlines

Provisional entry – 1st November 2025 -> grazeracrocup@gmx.at (hotel preferences)

Definitive entry – 2nd January 2026 -> [Google Forms](#)

Nominative entry – 31st January 2026 -> [Acro Companion](#)

Entry Fee – 2nd January 2026

Total Accommodation – 31st January 2026

Music – 1st March 2026 -> [Acro Companion](#)

Tariff sheets – 1st March 2026 -> [Acro Companion](#)

Accommodation + Meals

It is obligatory to book the full package through the LOC!

The full package includes accommodation, breakfast in the hotel and lunch + dinner at the venue.

A free cancellation of the hotel is possible up to 7 weeks prior to the stay.

- **Category A (5-7min walking distance to venue)**

Single Room

155€ per night/incl. breakfast/lunch/dinner and local tax

Double Room

135€ per person/per night incl. breakfast/lunch/dinner and local tax

Tripple Room (limited availability)

130€ per person/per night incl. breakfast/lunch/dinner and local tax

- **Category B+ (15min walking distance to venue)**

Single Room

135€ per night/incl. breakfast/lunch/dinner and local tax

Double Room

110€ per person/per night incl. breakfast/lunch/dinner and local tax

- **Category B (15min walking distance to venue)**

Single Room

130€ per night/incl. breakfast/lunch/dinner and local tax

Double Room

95€ per person/per night incl. breakfast/lunch/dinner and local tax

Tripple Room (limited availability only kids)

85€ per person/per night incl. breakfast/lunch/dinner and local tax

Transportation

There is no transportation between hotel and venue.

Transportation from Graz airport, Graz train station or Graz Flixbus station on request!

Airport Graz – 20min to venue (Transport on request)

Airport Vienna – 2h30m to venue -> FLIXBUS or train (for help please contact the LOC)

Insurance

Each competitor **MUST** be insured at their own expense! The organizer cannot be held responsible.

Equipment

Competition floor: Bänfer (blue surface)

Warm-up floor: Bänfer (blue surface)

Contact

LOC: grazeracrocup@gmx.at

Club: **Allgemeiner Turnverein Graz**

Elisabeth Schweighofer (+43 677 61128478)

Hannah Suntinger (+43 664 5356470)

Instagram: [acrobatics_graz](#)

Bank Details

Allgemeiner Turnverein Graz

IBAN: AT312081500000083386

BIC/SWIFT: STSPAT2GXXX

Payment reference: Acrobatics – name of your club

All payments have to be paid with Euro

ASPIRE RULES

1. General: 1 Combined exercise (difficulty is calculated in accordance with FIG 11-16 Age Group rules): Optional elements and individual elements are NOT counting for difficulty, maximum difficulty counted is 0,5.
2:30 minutes maximum duration.

2. Pairs: Choose 2 balance elements from different rows from 11-16 difficulty tables + 1 optional* element and 2 dynamic elements from different rows from 11-16 difficulty tables + 1 optional* element.

3. Groups: Choose 1 pyramid from 11-16 difficulty tables + 1 optional* pyramid (only 2 static holds of 3'' are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional* element. The pyramids must be performed as separate constructions.

*OPTIONAL elements can be from FIG tables (with max. difficulty according to 11-16 rules) or 11-16 difficulty tables.

4. Individual: 3 Individual elements must be executed: It doesn't matter from which category you choose the elements.
You can choose from static hold, agility, flexibility or tumbling (each partner performs at the same time but may choose from a different category).
No salto required.