

# SAV Mainz-Laubenheim

## Announcement: 25. International

## Gutenberg-Cup of acrobatics gymnastics

## 2026



### Introduction

The SAV Mainz-Laubenheim is pleased to invite you to our International Acrobatic Gymnastics Tournament; the "25<sup>th</sup> Gutenberg Cup".

For the 25<sup>th</sup> year, we welcome you in the state capital Mainz.

Name giver of the Cup is the most famous son of the city Mainz, Johannes Gensfleisch, called Gutenberg (\*about 1400 in Mainz; † 03.02.1468 in Mainz). He is considered the inventor of modern printing with movable metal type printing and the printing press. The use of movable type from 1450 revolutionized the traditional methods of book production which triggered a media revolution in Europe. Gutenberg's invention spread rapidly throughout Europe and later around the world and is considered a key element of the Renaissance. Especially his main work, the Gutenberg-Bible, produced between 1452 and 1454, the work is generally famed for their esthetic and great technical quality. (Origin: [Wikipedia](#))



### Mainz

In the center of the old town, opposite the cathedral, is the Gutenberg Museum. There you can get further information about the life and work of Johannes Gutenberg ([www.gutenberg-museum.de](http://www.gutenberg-museum.de)). The over 2000 year old city offers many other attractions: the picturesque historic 'Altstadt'(Old Town), the citadel, the 'Mainzer Dom' (cathedral), the Museum of Carnival (Mainz is one of the most famous cities of Carnival), but also Parks, museums and much, much more.

([www.mainz.de/tourismus/sehenswertes/sehenswertes.php](http://www.mainz.de/tourismus/sehenswertes/sehenswertes.php))

Organizer	Sport + Akrobatik 1999 e.V. Mainz-Laubenheim (SAV Mainz-Laubenheim)	
Date	09 <sup>th</sup> to 11 <sup>th</sup> October 2026	
Event location	Sporthalle des Gymnasium Oberstadt Hechtsheimer Str. 29, 55131 Mainz	

### provisional Program

Every day: judges meeting 30 minutes before the start of the competition.

Thursday	06:00 pm - 09:00 pm	training for international guests <u>on request</u> (Training times will be announced after registration closes)
Friday	01:00 pm - 07:00 pm	KFL-Programm, WKK1, Aspire + award ceremony
Saturday	09:00 am – 05:00 pm	Pre-Youth, Youth, Juniors, Seniors (1 <sup>st</sup> + 2 <sup>nd</sup> routine) + award ceremony
	07:00 pm	party with dinner only for gymnasts, coaches, judges
Sunday	11:00 am - 02:30 pm	Finals: Pre-Youth, Youth, Juniors, Seniors + award ceremony



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Disciplines	Requirements	URules
<b>KFL-Programm (Level 1 / 2)</b> <b>Wettkampfklasse 1 (WKK 1)</b> <b>Aspire</b>	Combined	<b>WKO DSAB</b> <a href="http://www.sportakrobatikbund.de">www.sportakrobatikbund.de</a>
<b>Pre-Youth</b>	Balance, Dynamic, finals (W2, M2, M4: Balance   MX, W3: Dynamic)	08-16 years (Difference of Age max. 6 years) FIG (Balance, Dynamic, Finals Place 1-8)
<b>Youth</b>	Balance, Dynamic, finals: Combined	10-18 years (Difference of Age max. 6 years) FIG (Balance, Dynamic, Finals Place 1-8)
<b>Juniors</b>	Balance, Dynamic, finals: Combined	11-19 years (Difference of Age max. 6 years) FIG (Balance, Dynamic, Finals Place 1-8)
<b>Seniors</b>	Balance, Dynamic, finals: Combined	over 13 years FIG (Balance, Dynamic, Finals Place 1-8)

<b>Honor</b>	Medal: place 1, 2, 3 each exercise (Balance, Dynamic or Combined), Certificate: every participant each exercise Cup: for the respectively highest score: 1. KFL-Programm   2. WKK, Aspire   3. Pre-Youth   4. Youth & Juniors & Seniors
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<b>Registration of participants</b>	provisional registration by e-mail to: <a href="mailto:wettkampf-sav-mainz@gmx.de">wettkampf-sav-mainz@gmx.de</a>	<b>2026/06/28 – 2026/07/28</b> (Number x Discipline; e.g. 2xW3 Seniors)
	final registration at registration form as an Excel sheet to: <a href="mailto:wettkampf-sav-mainz@gmx.de">wettkampf-sav-mainz@gmx.de</a>	<b>2026/07/29 – 2026/08/29</b> (final registration with names of gymnasts and judges)

**The number of participants is limited. Each club is allowed to register a maximum of 12 formations. ➔  
12x KFL/WKK + 12x Pre-Youth/Youth/Juniors/Seniors/Aspire**

The places of unconfirmed messages go to the athletes on the waiting list

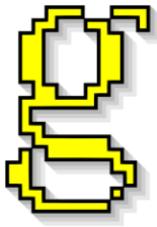
<b>Tariff sheets</b>	as pdf file to: <a href="mailto:wettkampf-sav-mainz@gmx.de">wettkampf-sav-mainz@gmx.de</a>	<b>until 2026/09/25</b> <i>instructions to name the files attachment 1</i>
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Changes in the tariff sheets according to WKO DSAB | *conditions attachment 1*

<b>Music</b>	as MP3-Datei to: <a href="mailto:musik-sav-mainz@gmx.de">musik-sav-mainz@gmx.de</a>  At the awards ceremony, a kind of club anthem will be played for the first-place winner. We kindly ask you to send us a 30-second snippet of music of your choice for this purpose.	<b>until 2026/09/25</b> <i>instructions to name the files attachment 1</i>
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as a spare: **Smartphone with Aux oder Lightning** or Audio-CD / Stick

<b>Judges</b>	Each participating club has to provide judges   <i>conditions attachment 1</i> .
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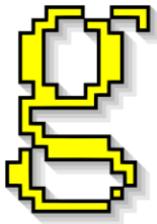
<b>Entry fee</b>	<b>KFL-Programm / WKK / Aspire: 25,00 € each participant</b> <b>Pre-Youth / Youth / Juniors / Seniors: 35,00 € each participant</b>	
<b>Payment</b>	with definite registration <b>until 2025/08/30</b> 100% of the fees + dinner <b>(separately)</b> , have to be paid. (no cash acceptance)	
<b>Rules for cancellations</b>	after definite registration: 50 % with medical certificate: free of cost	
<b>Bank details</b>	Recipient Name of bank BIC IBAN	SAV Mainz-Laubenheim MVB e.G. Mainz MVBMDDE55 DE27 5519 0000 0580 7100 10

<b>Accommodation</b>	Accommodations have to be organized by the participants themselves.
<b>Catering</b>	All day we offer different food and beverages at the competition hall; Price see pricelist at the event.
<b>Entry fee</b>	Spectators are very welcome. There is no fee for entry.
<b>Party</b>	Saturday evening <b>dinner with party at 07:00pm</b> for <b>20,00 € per person</b> (without Drinks). Applications must be made <b>with the definitive registration</b> . The number of participants is limited. The order of receipt of the messages decides on the participation.
<b>Insurance</b>	The organizer is not liable in case of accidents, diseases etc. Therefore all competitors and officials will be asked to complete its own rules applicable to such insurance. Member Teams of the German Olympic Sports Federation (DOSB) are usually insured with their home club.

We're looking forward to welcome you and wish you a good trip to the beautiful city of Mainz.

With sporting regards

Caroline Frick



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### ATTACHEMENT 1

<b>Judges</b>	<p>Each team <u>has to</u> provide 1 judge per ( 1-5 units → 1 judge / 6-10 units → 2 judges, ... ) / 5 participating units per day judges 11-15 units → 3</p> <p>The judges are to be named with the definite registration including their license level and e-mail address.</p> <p>If one club cannot provide enough judges, they can be recruited from other teams. If necessary, the SAV will try to provide a judge for <b>a fee of 70 € per day</b>. The judges must be available for the whole competition of the appropriate class; regardless of the qualification for the finals.</p> <p>KFL-Programm/WKK/Aspire: Friday Pre-Youth, Youth, Juniors, Seniors: Saturday <u>and</u> Sunday.</p>
<b>Name of musics and tariff sheets</b>	<ol style="list-style-type: none"><li>1. Serial number according to the start list</li><li>2. Routine (BA für Balance, DY für Dynamic, CO für Combined)</li><li>3. Category (KFL1 / KFL2 / WKK2 / AS / AG / J1 / J2 / SE)</li><li>4. Discipline (W2 / M2 / MX / W3 / M3 / M4)</li><li>5. Club in a short form – always four letters</li></ol> <p><i>Example: EFRA = Eintracht Frankfurt / KKS = KKS Mainz-Finthen / SAMZ = SAV Mainz-Laubenheim</i></p> <ol style="list-style-type: none"><li>6. Names of participants</li></ol> <p><u>Example:</u> 012_ba_se_w2_samz_maier_schmidt.mp3 = Balance exercise Seniors Womens Pair Maier/Schmidt of SAV Mainz-Laubenheim; number 12 at start list</p>
<b>Changes of Tariff Sheets</b>	<ul style="list-style-type: none"><li>- Changes in the tariff sheets can be reported to the difficulty judge by email <b>up to 3 days</b> before the competition.</li><li>- A Change is allowed only once for each tariff sheet.</li><li>- A maximum of two elements can be replaced.</li><li>- It must be re-submitted with the complete tariff sheet.</li><li>- The two elements that have been exchanged must be clearly identified.</li></ul>

The organizer is obliged to delete all files by end of the competition.